What is claimed is:

- 1. A method for improving the integrity of the corneal epithelium comprising introducing an ophthalmically compatible form of a retinoid into the eye in an amount sufficient to enhance the integrity of the corneal epithelium.
- 2. The method of claim 1 further comprising introducing the retinoid into the eye in the form of an ophthalmic solution.
- 3. The method of claim 1 further comprising introducing the ophthalmic solution in the form of drops or mist.
- 4. The method of claim 1 wherein the retinoid is introduced into the eye in the form of a gel or ointment.
- 5. The method of claim 1 further comprising introducing the retinoid into the eye by applying the retinoid to a contact lens and placing the contact lens in the eye.
- 6. The method of claim 5 wherein the step of applying the retinoid to the contact lens further comprises attaching the retinoid to a linking agent.
- 7. The method of claim 5 wherein said applying step further comprises dipping the contact lens in a solution containing the retinoid.
- 8. The method of claim 1 further comprising placing in the eye a sustained release form of the retinoid.
- 9. The method of claim 5 wherein said sustained release form of the retinoid further comprises a contact lens containing the retinoid.
- 10. The method of claim 6 wherein the contact lens contains sorbed retinoid.
- 11. The method of claim 7 wherein the retinoid is adsorbed onto the contact lens.

- 12. A method for improving the integrity of the corneal epithelium in an eye wearing a contact lens comprising introducing an ophthalmically compatible form of a retinoid into the eye in an amount sufficient to enhance the integrity of the corneal epithelium.
- 13. The method of claim 12 further comprising introducing the retinoid into the eye in the form of drops.
- 14. The method of claim 12 further comprising introducing the retinoid into the eye by applying the retinoid to a contact lens and placing the contact lens in the eye.
- 15. The method of claim 14 wherein said applying step further comprises dipping the contact lens in a solution containing the retinoid.
- 16. The method of claim 12 further comprising placing in the eye a sustained release form of the retinoid.

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